



BE
GRATEFUL
EVERY
DAY



MORNING PAGE

DATE:

THINGS I'M
GRATEFUL FOR:

INSPIRING WORDS
FOR TODAY:

(SCRIPTURE, QUOTES OR AFFIRMATIONS)

TO-DO:



EVENING PAGE

DATE:

**GOOD THINGS THAT
HAPPENED TODAY:**

**I'M LOOKING
FORWARD TO:**

**STRESSES I'M
LETTING GO OF:**

MORNING PAGE


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GRATEFUL FOR:

INSPIRING WORDS
FOR TODAY:

(SCRIPTURE, QUOTES OR AFFIRMATIONS)

TO-DO:



Gratitude is
the key to
happiness

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TO-DO:



*I start each day
with love
and gratitude
in my heart.*

EVENING PAGE

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GOOD THINGS THAT
HAPPENED TODAY:

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MORNING PAGE

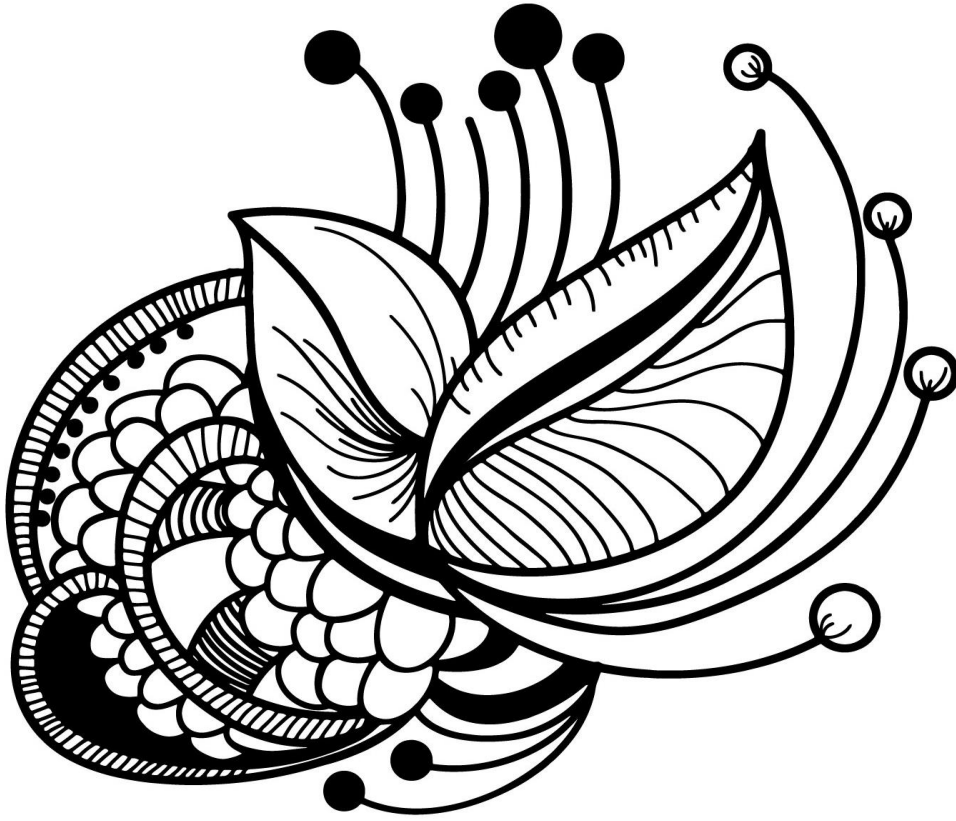
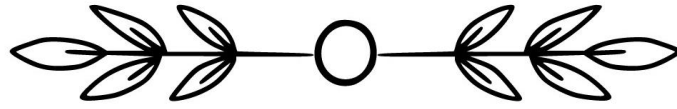
DATE:

THINGS I'M
GRATEFUL FOR:

INSPIRING WORDS
FOR TODAY:

(SCRIPTURE, QUOTES OR AFFIRMATIONS)

TO-DO:



Give Thanks

A decorative flourish consisting of a central circle flanked by stylized leaves on either side, identical to the one at the top of the page.

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TO-DO:



*Have a
grateful
heart*



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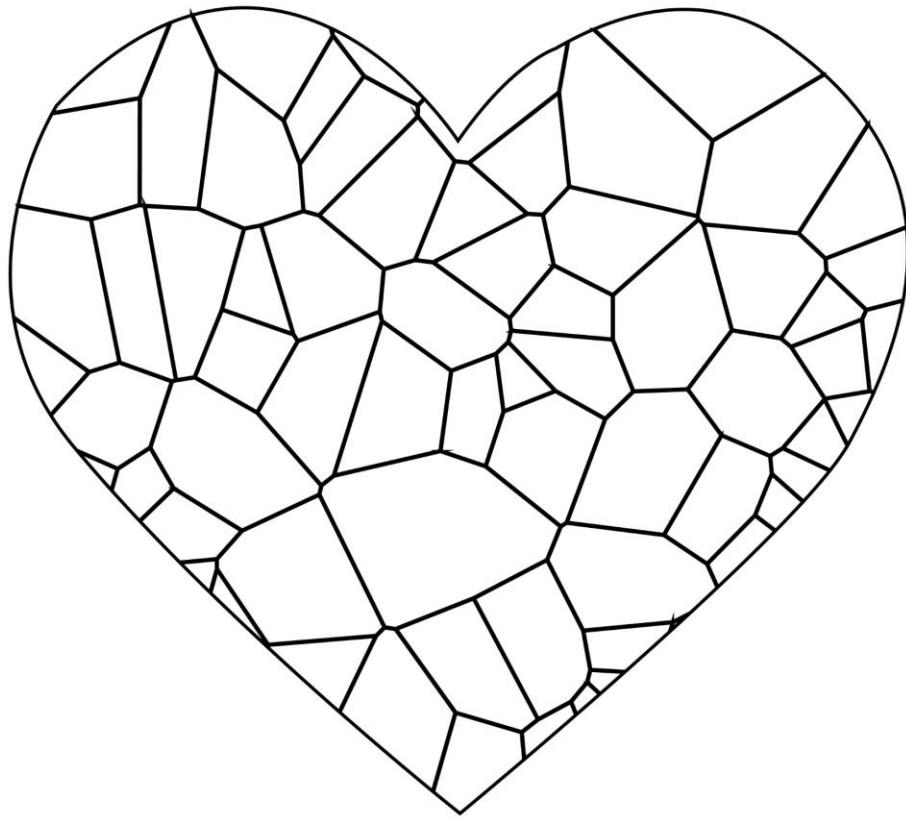
THINGS I'M
GRATEFUL FOR:

INSPIRING WORDS
FOR TODAY:

(SCRIPTURE, QUOTES OR AFFIRMATIONS)

TO-DO:

FILL YOUR HEART
WITH GRATITUDE



EVENING PAGE

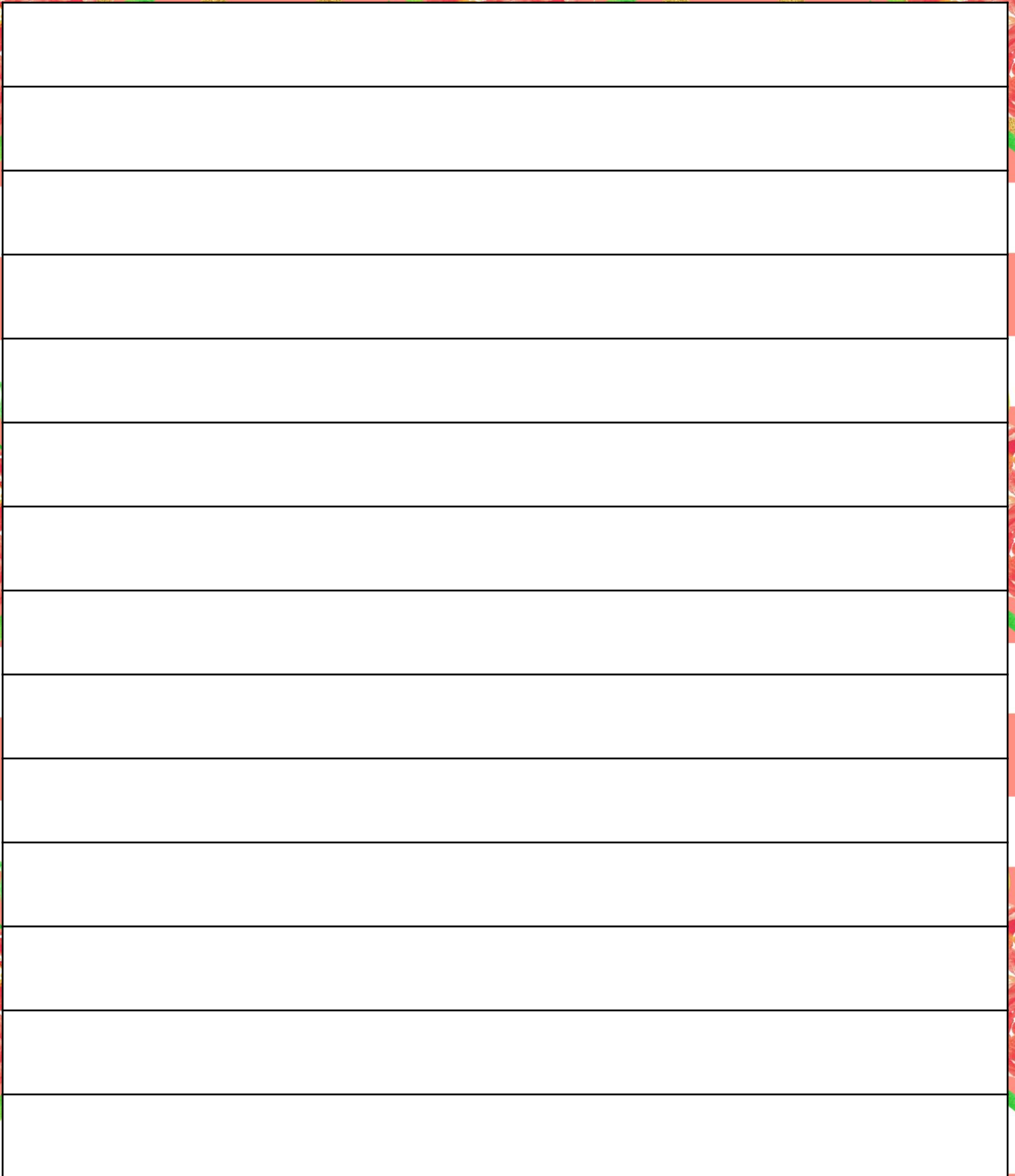
DATE:

**GOOD THINGS THAT
HAPPENED TODAY:**

**I'M LOOKING
FORWARD TO:**

**STRESSES I'M
LETTING GO OF:**

I AM GRATEFUL FOR FRIENDSHIP BECAUSE..



The page features a decorative border with red roses and gold polka dots on a coral background. The central writing area is a large white rectangle with 14 horizontal black lines, providing space for the user to complete the prompt.

MORNING PAGE

DATE:

THINGS I'M
GRATEFUL FOR:

INSPIRING WORDS
FOR TODAY:

(SCRIPTURE, QUOTES OR AFFIRMATIONS)

TO-DO:



*Be thankful
for your
blessings*

EVENING PAGE

DATE:

**GOOD THINGS THAT
HAPPENED TODAY:**

**I'M LOOKING
FORWARD TO:**

**STRESSES I'M
LETTING GO OF:**

I AM GRATEFUL FOR REST BECAUSE..

A large writing area consisting of 15 horizontal lines for text entry.

